



PACOPAD and TJD Sports Academy



are teaming up to bring a
**Performance and Agility class
for neurodivergent young adults**

with focus on improving strength, coordination,
balance, and overall movement in a supportive
and inclusive environment

5-week Class

May 28 to June 25

Thursdays from 6PM to 7PM

North Haledon, NJ

Cost: \$60 per participant



**Register on our website:
www.pacopad.org/upcoming-events**

Check out www.tjdsportsacademy.com
Instagram: [@tjdsportsacademy](https://www.instagram.com/tjdsportsacademy)